

OWEN SOUND SPRINT TRIATHLON

750 M SWIM
20 KM BIKE
5 KM RUN

BOAT HARBOUR

**RUN
START & FINISH**

**Kelso Beach
Park**

**1ST
TURN
AROUND
1.52 KMS**

**2ND
TURN
AROUND
2.91 KMS**



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Data Sources:
Natural Resources Canada
Grey County Tourism



OWEN SOUND SPRINT & OLYMPIC TRIATHLONS

OLYMPIC DISTANCE
1500M SWIM

40K BIKE

**10K RUN
(2 LOOPS)**

SPRINT DISTANCE

750M SWIM

20K BIKE

5K RUN

